

Jay Carisella Invite - Meet Information

Saturday 12/10/16

- ENTRY PROCEDURE:** All entries will be done online through Direct Athletics (www.directathletics.com).
Accepted athletes in field events will be posted on Direct Athletics by 8:00pm on December 7, 2017
- ENTRIES:** Unlimited
- ENTRY DEADLINE:** 5:00 pm on Tuesday, 12/6/16
- ENTRY FEE:** Entry fee will be based on entries before scratches.
Make all Checks payable to: NORTHEASTERN TRACK & FIELD
\$25.00 per individual - per event
\$30.00 per relay team
\$500.00 per team (Men and Women are considered separate teams)
**Team entries per gender encompassing an entry fee less than \$500.00 will be charged per individual and events accordingly*
- Late Fees will be as follows:** \$50.00 per individual per event
\$60.00 per relay team
\$750.00 per team
- PACKET PICK-UP:** Packet pick-up will be available at the timer's table
- SCRATCHES:** All scratches must be done prior to the start of the first event
- SAFETY:** AS PER NCAA REGULATIONS, NO HEADPHONES OR AUDIO DEVICES ARE ALLOWED ON THE INFIELD OR ON THE TRACK AT ANY TIME!
- SPIKES:** The use of 1/4" pyramid spikes will be strictly enforced. *NO NEEDLE SPIKES OR CHRISTMAS TREE SPIKES*
- SCORING:** Only NCAA Division I schools will be scored per NCAA rules. 10-8-6-5-4-3-2-1
- TRACK NOTEABLES:** Heats will run slow to fast
- TRACK ADVANCEMENT:** Hurdles and Dashes will advance 8 to the final
- FIELD NOTEABLES:** For the throws and horizontal jumps field sizes will be limited to 2 flights of 12 (total of 24 competitors)
For the vertical jumps field sizes will be limited to 18 total competitors
There will be no substitutions or additions to accommodate for field event scratches!
- FIELD EVENT ADVANCEMENT:** Field Events will advance 9 to the final
- WEIGH-IN:** The implement weight-in area is located by the throws area. All implements must be certified with the official prior to the start of the first throwing event.
- RUNWAY MARKS:** White athletic tape may be used on the runways. Chalk and Cones are not permitted.
- QUESTIONS/CONCERNS:** Any questions please direct them to t.shaw@neu.edu
- MINIMUM MARKS:** First legal throw/jump will be measured if under the minimum mark standard

THROWS

Women Weight Throw	12.50m
Women Shot Put	10.50m
Men Weight Throw	14.50m
Men Shot Put	13.50m

HORIZONTAL JUMPS

Women Long Jump	4.88m
Women Triple Jump	10.60m
Men Long Jump	5.80m
Men Triple Jump	12.50m

HIGH JUMP OPENING HEIGHTS

Men's High Jump	1.83m
Women's High Jump	1.50m

POLE VAULT OPENING HEIGHTS

Men Pole Vault	3.75m
Women's Pole Vault	3.15m

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4:00pm Order and start times for Field Events

Women's Weight, followed by Men's Weight, followed by
Women's Shot-put, followed by Men's Shot-put
Women's LJ, followed by Men's LJ, followed by
Women's TJ, followed by Men's TJ
Women's Pole Vault followed by Men's Pole Vault

4:00pm Women's HJ (*Men's High Jump with begin after the Men's 60m*)

4:30pm Start Track Events (Heats will run slow to fast on the oval)

Women's 5k
Men's 5k
Women's 1000
Men's 1000
60m Women's Hurdles – Trials
60m Men's Hurdles- Trials
60m Women's Dash – Trials
60m Men's Dash- Trials
Women's Mile
Men's Mile
60m Women's Hurdles – Finals
60m Men's Hurdles – Finals
Women's 400
Men's 400
60m Women's Dash- Finals
60m Men's Dash- Finals
Men's High Jump
Women's 500
Men's 500
Women's 800
Men's 800
Women's 200
Men's 200
Women's 3K
Men's 3K
Women's 4x800
Men's 4x800
Women's 4x400
Men's 4x400