**Thursday, July 5th**

**Summit High School**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Decathlon Schedule**  **15-16 (B)**  **17-18 (B)** | | **Heptathlon Schedule**  **15-16 (G)**  **17-18 (G)** | | **Pentathlon Schedule**  **13-14 (G)** | | **Pentathlon Schedule**  **13-14(B)** | |
| **Time** | **Event** | **Time** | **Event** | **Time** | **Event** | **Time** | **Event** |
| 8:30 am | 100M | 10:00am | 100M Hurdle | 9:00 am | 100M Hurdle | 10:15am | 100 Hurdles |
|  | Long Jump |  | High Jump |  | Shot Put  (Pit 1) |  | Shot Put  (Pit 1) |
|  | Shot Put  (Pit 2) |  | Shot Put  (Pit 2) |  | High Jump |  | High Jump |
|  | High Jump |  | 200 |  | Long Jump  (Pit 1) |  | Long Jump |
|  | 400 |  |  |  | 800m |  | 1500 |

\*In Pentathlon, girls will go first, followed by boys

**Friday, July 6th**

**Summit High School**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Decathlon Schedule**  **15-16 (B)**  **17-18 (B)** | | **Heptathlon Schedule**  **15-16 (G)**  **17-18 (G)** | | **Pentathlon Schedule**  **11-12 (G)**  **11-12 (B)** | | **Triathlon**  **9-10 (G)**  **9-10 (B)** | |
| **Time** | **Event** | **Time** | **Event** | **Time** | **Event** | **Time** | **Event** |
| 8:30 am | 110HH | 10:00am | Long Jump | 9:00 am | 80m Hurdle | 11:30am | Shot Put |
|  | Discus |  | Javelin |  | Shot Put  (Pit 1) |  | High Jump |
|  | Pole Vault |  | 800 |  | High Jump |  | 400(B) |
|  | Javelin |  |  |  | Long Jump |  | 200 (G) |
|  | 1500 |  |  |  | 800m (G) |  |  |
|  |  |  |  |  | 1500 (B) |  |  |

\*In the pentathlon, Girls will go first, followed by boys

**Friday, July 6th**

**Summit High School**

**Track Events**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Steeple Chase** | | | | | |
| **8 + Under** | **9-10** | **11-12** | **13-14** | **15-16** | **17-18** |
|  |  |  |  | 6:30 pm (G)  6:50 pm (B) | 6:30 (G)  6:50 (B) |

**Field Events Summit High School**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Hammer Throw** | | | | | |
| **8 + Under** | **9-10** | **11-12** | **13-14** | **15-16** | **17-18** |
|  |  |  |  | 3:00 pm (G)  5:00 pm (B) | 3:00 pm (G)  5:00 pm (B) |

**Saturday, July 7th**

**Summit High School**

**Track Schedule**

|  |  |  |
| --- | --- | --- |
| **8:30am** | Race Walk | All Ages |
| **9:00am** | 1500m | (8+Under) |
|  | 1500m | (9-10) |
|  | 1500m | (11-12) |
|  | 1500m | (13-14) |
|  | 1500m | (15-16) |
|  | 1500m | (17-18) |
|  |  |  |
| **10:45am** | 100m Semi-Finals | (8+Under) |
|  | 100m Semi-Finals | (9-10) |
|  | 100m Semi-Finals | (11-12) |
|  | 100m Semi-Finals | (13-14) |
|  | 100m Semi-Finals | (15-16) |
|  | 100m Semi-Finals | (17-18) |
|  |  |  |
| **12:15pm** | 400m Hurdles  400m Hurdles | (15-16)(B)  (17-18)(B) |
| **12:45pm** | 400m Hurdles  400m Hurdles | (15-16) (G)  (17-18)(G) |
|  |  |  |
| **1:15pm** | 200m Hurdles | (13-14) (girls then boys |
|  |  |  |
| **1:45pm** | 4x100m Relay | (8+Under) |
|  | 4x100m Relay | (9-10) |
|  | 4x100m Relay | (11-12) |
|  | 4x100m Relay | (13-14) |
|  | 4x100m Relay | (15-16) |
|  | 4x100m Relay | (17-18) |
|  |  |  |
| **2:45pm** | 400m | (8+Under) |
|  | 400m | (9-10) |
|  | 400m | (11-12) |
|  | 400m | (13-14) |
|  | 400m | (15-16) |
|  | 400m | (17-18) |
|  |  |  |
| **4:00pm** | 4x800m Relay | (11-12) |
|  | 4x800m Relay | (13-14) |
|  | 4x800m Relay | (15-16) |
|  | 4x800m Relay | (17-18) |
|  |  |  |
| **5:00pm** | 200m Semi-Finals | (8+Under) |
|  | 200m Semi-Finals | (9-10) |
|  | 200m Semi-Finals | (11-12) |
|  | 200m Semi-Finals | (13-14) |
|  | 200m Semi-Finals | (15-16) |
|  | 200m Semi-Finals | (17-18) |

**\*Girls followed by Boys**

**\*Events may run up to 1 hour early**

**Field Schedule**

|  |  |  |  |
| --- | --- | --- | --- |
| **8:30am** | Boys Long Jump | (8+Under) | Pit 2 |
|  | Girls Long Jump | (9-10) | Pit 1 |
|  | Boys Javelin | (9-10) |  |
|  | Girls High Jump | (11-12) |  |
|  | Boys Shot Put | (11-12) | Pit 2 |
|  | Girls Shot Put | (13-14) | Pit 1 |
|  | Boys Pole Vault | (13-14) |  |
|  | Girls Discus | (17-18) |  |
|  |  |  |  |
| **10:15am** | Girls Long Jump | (8+Under) | Pit 2 |
|  | Boys Shot Put | (8+Under) | Pit2 |
|  | Girls High Jump | (9-10) |  |
|  | Girls Discus | (11-12) |  |
|  | Boys Long Jump | (11-12) | Pit 1 |
|  | Girls Javelin | (13-14) |  |
|  | Boys Shot Put | (13-14) | Pit 1 |
|  | Boys Pole Vault | (15-16) |  |
|  |  |  |  |
| **12:00pm** | Girls Shot Put | (8+Under) | Pit 2 |
|  | Boys Shot Put | (9-10) | Pit 1 |
|  | Girls Long Jump | (11-12) | Pit 1 |
|  | Boys Javelin | (11-12) |  |
|  | Girls Triple Jump | (13-14) | Pit 2 |
|  | Boys High Jump | (13-14) |  |
|  | Boys Pole Vault | (17-18) |  |
|  |  |  |  |
| **1:45pm** | Girls Shot Put | (9-10) | Pit 2 |
|  | Boys High Jump | (9-10) |  |
|  | Girls Shot Put | (11-12) | Pit 1 |
|  | Girls Pole Vault | (13-14) |  |
|  | Boys Discus | (13-14) |  |
|  | Boys Javelin | (15-16) |  |
|  | Boys Triple Jump | (15-16) | Pit 2 |
|  | Girls Long Jump | (17-18) | Pit 1 |
|  |  |  |  |
| **3:30pm** | Boys Long Jump | (9-10) | Pit 1 |
|  | Girls Javelin | (11-12) |  |
|  | Boys High Jump | (11-12) |  |
|  | Boys Triple Jump | (13-14) | Pit 2 |
|  | Girls Pole Vault | (15-16) |  |
|  | Boys Shot Put | (15-16) | Pit 2 |
|  | Girls Shot Put | (17-18) | Pit 1 |
|  | Boys Discus | (17-18) |  |
|  |  |  |  |
| **5:15pm** | Girls Javelin | (9-10) |  |
|  | Girls Long Jump | (15-16) | Pit 1 |
|  | Girls Pole Vault | (17-18) |  |
|  | Boys Triple Jump | (17-18) | Pit 2 |

**Sunday, July 8th**

**Summit High School**

**Track Schedule**

|  |  |  |
| --- | --- | --- |
| **8:30am** | 3000m | (11-12) |
|  | 3000m | (13-14) |
|  | 3000m | (15-16) |
|  | 3000m | (17-18) |
|  |  |  |
| **10:30am** | 100m Finals | (8+Under) |
|  | 100m Finals | (9-10) |
|  | 100m Finals | (11-12) |
|  | 100m Finals | (13-14) |
|  | 100m Finals | (15-16) |
|  | 100m Finals | (17-18) |
|  |  |  |
| **11:15am** | 80m Hurdles | (11-12) |
|  |  |  |
| **11:45am** | 100m Hurdles | (13-14) (Girls then Boys |
| **12:15pm** | 100m Hurdles | (15-16) |
| **12:30pm** | 100m Hurdles | (17-18) |
|  |  |  |
| **12:45pm** | 110m Hurdles | (15-16) (Boys) |
| **1:00pm** | 110m Hurdles | (17-18) (Boys) |
|  |  |  |
| **1:15pm** | 800m | (8+Under) |
|  | 800m | (9-10) |
|  | 800m | (11-12) |
|  | 800m | (13-14) |
|  | 800m | (15-16) |
|  | 800m | (17-18) |
|  |  |  |
| **2:30pm** | 200m Finals | (8+Under) |
|  | 200m Finals | (9-10) |
|  | 200m Finals | (11-12) |
|  | 200m Finals | (13-14) |
|  | 200m Finals | (15-16) |
|  | 200m Finals | (17-18) |
|  |  |  |
| **3:15pm** | 4x400m Relay | (All) |
|  | 4x400m Relay | (9-10) |
|  | 4x400m Relay | (11-12) |
|  | 4x400m Relay | (13-14) |
|  | 4x400m Relay | (15-16) |
|  | 4x400m Relay | (17-18) |

**\*Girls followed by Boys**

**\*Events may run up to 1 hour early**

**Field Schedule**

|  |  |  |  |
| --- | --- | --- | --- |
| **8:30am** | Boys Javelin | (8+Under) |  |
|  | Girls Javelin | (8+Under) |  |
|  | Girls High Jump | (13-14) |  |
|  | Boys Long Jump | (13-14) | Pit 1 |
|  | Boys Discus | (15-16) |  |
|  |  |  |  |
| **10:00am** | Boys Discus | (11-12) |  |
|  | Girls Long Jump | (13-14) | Pit 1 |
|  | Girls Shot Put | (15-16) | Pit 1 |
|  | Boys High Jump | (15-16) |  |
|  | Girls Triple Jump | (17-18) | Pit 2 |
|  | Boys Javelin | (17-18) |  |
|  |  |  |  |
| **11:30pm** | Boys Javelin | (13-14) |  |
|  | Girls Discus | (15-16) |  |
|  | Girls Triple Jump | (15-16) | Pit 2 |
|  | Boys Long Jump | (15-16) | Pit 1 |
|  | Boys High Jump | (17-18) |  |
|  |  |  |  |
| **1:00pm** | Girls Discus | (13-14) |  |
|  | Girls High Jump | (15-16) |  |
|  | Girls Javelin | (17-18) |  |
|  | Boys Shot Put | (17-18) | Pit 1 |
|  | Boys Long Jump | (17-18) | Pit 1 |
|  |  |  |  |
|  |  |  |  |
| **2:30pm** | Girls Javelin | (15-16) |  |
|  | Girls High Jump | (17-18) |  |