



Christian Academy of Louisville's 11th Annual Harry Greschel Invitational March 24th, 2018

Coaches, we are excited to host you this 11th year for a day of exciting competition and fellowship, honoring the memory of the great Louisville area coach Harry Greschel.

Our annual **KYTrackXC.com 5k Showdown** races, ran in conjunction with the Harry Greschel Invitational, will be held on Friday night, **March 23rd**. Please contact our event sponsor for entry details regarding the 5k: Chris Hawboldt kymilesplit@gmail.com. As in years past, any athlete from a team attending our HG Invitational will have the entry fee waived for the 5K and competing in *the 5K race will count as one of the four events athletes are limited to in our HG meet*.

Entries: All entries will be through KY Milesplit this year. **The entry deadline will be Wednesday March 21, 2018.** Coaches can enter 2 athletes per team for individual events and 1 relay per team. Athletes are limited to compete in no more than 4 events total.

Due to the size of our meet we will not accept entries for a "B" team from any schools.

Entry Deadline: March 21st. Linda Sarett Mathis will be sending out the performance sheets later after the entry closes and before the invitational on Saturday.

Entry Fees: \$80 per boys teams and \$80 per girls teams—or \$10 per athlete, if you have a smaller team. **Deadline is March 17th.**

Any fees not paid or received after March 17th will be charged an additional \$15 late fee.

Make checks payable to Christian Academy of Louisville. Mail checks to:
Athletic Department
Christian Academy of Louisville
700 S. English Station Road
Louisville, KY 40245

Team Packets will be distributed at the coaches' meeting Saturday morning.
Teams will not get their packets if they have not paid the entry fee.

*****If your team is willing to provide a coach to run a field event for us there will be a \$10 deduction from your team fee. Please email HeatherGBilyeu@gmail.com if interested*****

Saturday, March 24th schedule:

8:45 am Coaches Meeting at Start/Finish Line

9:00 am Start of Field Events**

Pole Vault (Boys followed by Girls)

High Jump (Girls followed by Boys)

Shot Put (Boys followed by Girls) **UNIFIED COMPETES FIRST**

Discus (Girls followed by Boys)

Long Jump (Boys and Girls)** **UNIFIED COMPETES FIRST**

Triple Jump (Girls and Boys)** (see details below)

9:30 am Start of Running Events on a rolling schedule (Girls, then Boys for all events):

Unified 4x100 relay

4x800m relay

100/110m hurdles

Unified 100m dash

100m dash

4x200m relay

1600m run

4x100m relay

400m dash

300m hurdles

800m run

200m dash

3200m run

4x400m relay

Shot Put (Boys followed by Girls) will throw in flights (3 throws); Top 9 finishers will be called back for Finals (3 more throws)

Discus (Girls followed by Boys) will throw in flights (3 throws); Top 9 fin-

ishers will be called back for Finals (3 more throws)

Long Jump (Boys AND Girls) = Open pit from 9am-10:30am (three jumps per athlete); Top 9 finishers will be called back for a Final (3 jumps each), to begin at 10:30am.

Triple Jump (Girls AND Boys) = Open pit from 11:30am-1:00pm (3 jumps per athlete); Top 9 finishers will be called back for a Final (3 additional jumps each), to begin at 1:30pm.

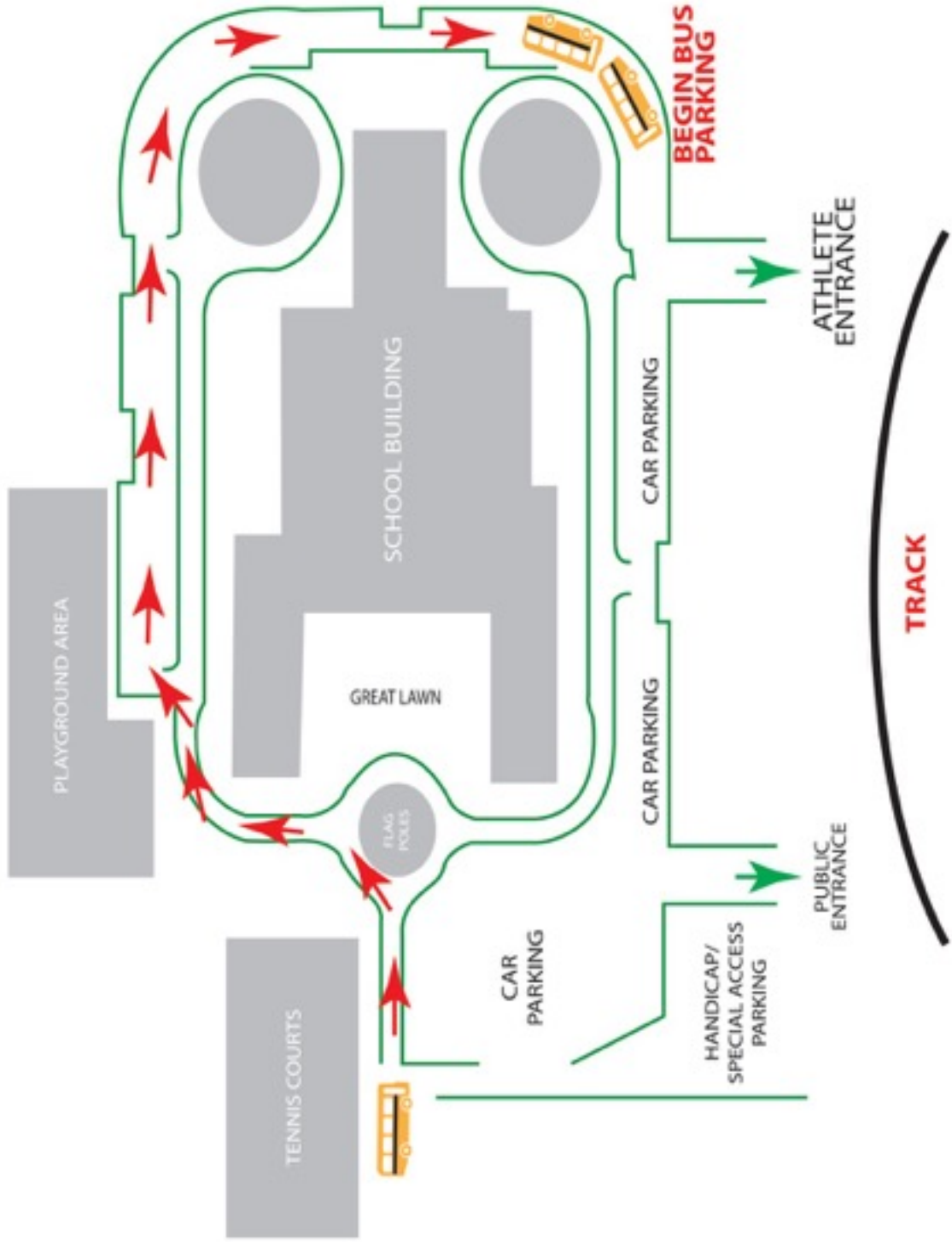
- **Scoring:** We will score eight places as follows: 10-8-6-5-4-3-2-1.
- **Awards:** Medals will be awarded for 1st through 3rd places. There will also be an award for Top Individual Point Earner for both boys and girls (relays will be scored as $\frac{1}{4}$ the points of an individual event for this award). Trophies will be awarded to the top 3 placing teams.
- **All NFHS and KHSAA rules will be followed.** Each competitor will be assigned a number and that number should be placed on the right hand. If a competitor shows up to an event without a number they will be scratched.
- Substitutions can be made at the start line but no additions—athlete must already have a number to be a substitute. All throwing implements will be weighed as well as pole vaulters before the beginning of the meet.
- All timing will be **FAT** using **Finish Lynx**.
- Team tents in designated areas only—see maps below
- Please park buses according to the bus parking (also will be sent ahead of time).
- Saturday's gate fee will be **\$5 adults, \$2 children under 12, children 5 and under=free**

Hospitality Room: We love having all of the teams out to our campus every year for this big weekend! We are thrilled to host our 10th hospitality room in our athletic complex conference room for coaches and official to enjoy throughout the meet on Saturday. We hope you stop by and enjoy the goodies and pick me ups throughout the meet!

Prayer Requests: The athletes and coaches here at CAL will be praying for you and your team throughout this season. Each of our athletes will have a notecard with the name of one of your schools on it that they can keep with them this season as a guide when they pray—same for us coaches at CAL. We will also divide up the names of our officials and operators and pray for them too. If there are any specific ways we can pray for you and your team, please let us know. We have seen God work in mighty ways when we ask.

Questions/comments should be directed to: Heather Bilyeu at heathergbilyeu@gmail.com ALSO, please contact Chris Hawboldt kymilesplit@gmail.com. to enter your athletes in the **KYTrackXC.com 5k race** to be held at CAL the night before, **3/23**.

CHRISTIAN ACADEMY BUS PARKING PLAN



CAL Track Map

