



South Carolina High School League

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Coach,

This form applies to the Track & Field State Series. (Region, Upper/Lower & Finals)

Please read the following carefully, sign in the space provided and return to the referee immediately.

As the head Coach for _____ High School Boys/Girls Track team (circle one), I have discussed the following or will discuss the following with all members of my team.

- 1) Soft single color **elastic** hair controlling items, excluding hats, may be worn. Must be non-abrasive. This includes headbands with one single manufacturer's logo. Allows bobby pins, barrettes and hair clips no longer than 2 inches to be worn to control a competitor's hair.
- 2) Only prescription eyewear will be allowed by contestants during the competition.
- 3) No electronic devices (i.e. cell phones, iPods, MP3 players, etc) will be allowed by contestants in the competition area.
- 4) My team is in a school issued same color uniform. My relay teams will report with identical uniforms.
- 5) My athletes have or will be informed of the off-limit areas.
- 6) My athletes have been instructed about the rules and penalties for unsportsmanlike conduct. They will also be respectful to all officials and competitors.
- 7) My athletes understand, that if in a field event, the ten-minute rule to return to the field event will be enforced.
- 8) My athletes understand that he/she must have competed in at least two regular season track meets prior to entering region qualifying leading to the state meet.
- 9) If I have a vaulter, I certify that his/her weight is at or below the weight specifications of the pole.
- 10) I will inform the meet director (prior to participation) of all athletes with special considerations, i.e., prescription sunglasses, medical bracelets, etc.

Signed _____ Date _____

This must be returned to the referee before your athletes will be allowed to compete.